

Tantric Spirituality & Healing

March 30-April 1st, 2012

Body + Soul Spa Retreat
381 N York Road #1 and #2
Elmhurst * Illinois * 60126

The format is very flexible and easy to fit into any schedule. If you have never attended a class, workshop or a healing session with Peter, then **the 1st session on Fri eve is suggested** before attending other sessions.

Entire Weekend – \$200 per person! Save \$55!

Friday March 30, 7-10pm - Introduction to Tantric Spirituality

Suitable for all ages and all levels. You will learn how life force healing energy (Chi or Prana) works in your body and in the world. Using simple techniques of Kundalini Yoga, meditation & breathwork, we will practice harnessing this energy and moving it through your body to create health, harmony and balance in your body, your life and the planet. We will also share an overview of the weekends workshops

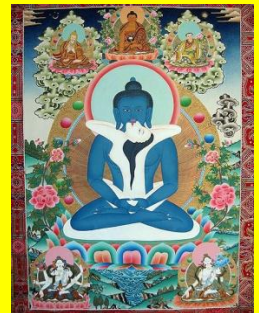
\$20/pp at the door; \$10 w Advanced Registration



Sat March 31, 10am-4pm - Earth Changes and Spiritual Awakening

There is a lot of talk these days about global transformation. This includes physical changes of the planet, but most importantly a change in consciousness and awareness of the peoples of the world. We will take this day to explore and understand what is happening in the world and in ourselves. Not only from a left brain understanding, but we will also practice several spiritual techniques. We will begin the session with a sacred healing ceremony and group healing session to release stress and energetic debris that we carry around all the time.

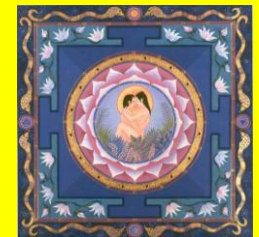
\$85/pp at the door; \$75 w Advanced Registration



Sat March 31, 7-10pm - Tantric Sexuality

The ancient wisdom of Tantra teaches us that sexuality is beautiful and sacred. Using different Tantric techniques, this 3 hour class will help both men and women strengthen their sexual energy and learn to control it for a greater sense of power and pleasure. We will cover the role of energy in the body, how Tantric sexuality differs from the Western view of sexuality and how to build and harness sexual energy from its natural state and transform it to a higher state of power, joy, love, wisdom, and ultimately, Spirit. This is a profound, transformative experience that can ultimately lead to a state of bliss. For singles and couples.

\$75 at the door; \$65 w Advanced Registration



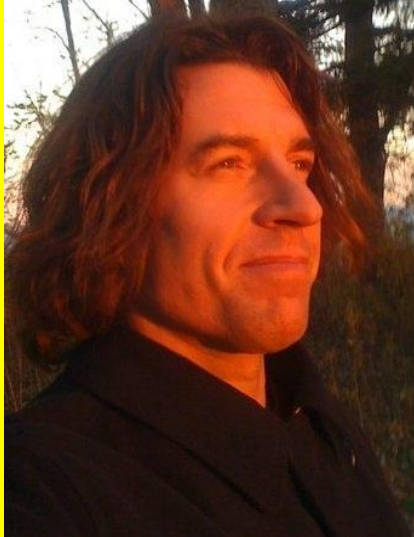
Sun April 1st, 10am - 4pm - Spiritual Relationships / Sacred Sexuality

We will create sacred space and explore what it takes to manifest and/or sustain the ideal relationship: one that nurtures and strengthens you and helps you to grow spiritually. We will discuss how sacred relationships help nurture and support a healthy process of spiritual growth. We will also be presenting Tantric teachings of sacred sexuality, and how we can use sexual energy to heal and strengthen our body and spirit. We will begin the session with a sacred healing ceremony and group healing session to release large amounts of stress and energetic debris that we carry around with us all the time.

\$85/pp at the door; \$75 w Advanced Registration

Register online at <http://healingmagic.net/register-chicago/>

Presented by:



Peter Ross Voigt has 25 yrs of experience in professional massage, energy healing & bodywork.

He has taught thousands of people in various classes, workshops and private trainings at Yoga Ashrams and Retreats all over the world. His students include complete beginners to professional healers and everything in between. He has a teaching style that is fun and entertaining, yet extremely effective. You will go beyond the theories and concepts to a direct experience of Tantra, energy and Spirit. Peter creates a wonderful space for learning, healing & transformation, and he can help you to attain your goals & dreams.

Peter will be offering Massage & Healing Sessions before and after the workshop Thursday March 29, Friday March 30, and Monday April 2nd.

Space is limited -Advanced Registration Required

For more information, Contact Peter: prossv@healingmagic.net or 4 1 4 ~ 6 9 9 ~ 7 3 3 3

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